

Roi Shternin

Roi Shternin's story is one of resilience transformed into revolution. Facing years of misdiagnosis and debilitating symptoms in his native Israel, Roi didn't break – he self-diagnosed with POTS and dedicated himself to upending the healthcare system.

He founded the Patient-led Israeli Society for Dysautonomia, became a champion for the Chronically movement, and as the first-ever Chief Patient and Head of Innovation at The Ludwig Boltzmann institute, revolutionized patient interaction in clinical trials. His books, "Revolution From My Bed," "What Do Patients Want?" exemplify both his personal fight and his dedication to empowering patients.